

## ABSTRACT OF THE DISCLOSURE

[0039] A sauna for vaporizing a liquid has a body with an exhaust area, and a handle. The handle is connected to  
5 the exhaust area and the handle is for grasping the sauna. The sauna has a heater in the body for changing a state of the liquid to a vapor with the vapor having a number of droplets. Each of the droplets has an initial droplet size. The sauna also has a device. The device is in the  
10 body. The device changes the initial droplet size of the droplets in the vapor exiting the exhaust area.